

Shrimp Avocado Salad

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Serves 6

Ingredients

Dressing:

- 1/3 cup olive oil
- 3 tbsp cider vinegar or white balsamic vinegar
- 1 tsp tarragon, crushed (to release flavour)
- Salt and pepper

Salad:

- 7-8 cups organic mixed greens
- 1 lb cooked shrimp, peeled
- 3 avocados
- 1 tomato
- 1/4 cup strawberries
- 1/4 cup red onion
- 1/4 cup cucumber
- 1/4 cup orange peppers (or any colour you like!)
- top with nuts and seeds
- Anything else you like in a green salad

Preparation:

Mix dressing well and drizzle over salad. Toss and serve.