

Avocado Dijon Dressing

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Ingredients:

1/2 avocado pulp
1/4 cup Dijon mustard
1 clove garlic, minced
1 cup extra virgin olive oil
Sea salt and pepper to taste

Preparation:

1. Blend all ingredients except olive oil, sea salt and pepper in a food processor.
2. Continue to blend while slowly adding in olive oil.
3. Mix in sea salt and pepper to taste.